

Ulster County Office for the Aging

June 2015 Newsletter

Greetings from County Executive Michael P. Hein

THE ULSTER COUNTY MEMORIAL ROLL OF HONOR

A Memorial To All Ulster County Service Members Who Have Made The Ultimate Sacrifice

An inspiring Memorial to honor all fallen heroes of Ulster County was dedicated on May 24, 2015 to memorialize Ulster County Veterans who made the ultimate sacrifice in service to our great Country. Ulster County Executive Michael Hein and the Veterans Advisory Committee were joined by Veterans; Gold Star Families; Federal, State and Local Officials; and the community to dedicate the Ulster County Memorial Roll of Honor, a stunning tribute located at the front entrance of the Ulster County Office Building. The Roll of Honor lists the names of those heroes dating back to the beginning of our Country.

"The United States of America is the greatest nation on earth thanks to our brave men and women who serve to protect our life, liberty and freedom," said **County Executive Hein**. "It is an honor to dedicate this Memorial Roll of Honor, listing the names of 1,307 service members who have died in combat, dating from the Revolutionary War to the present. It is equally important to remember the families of our fallen soldiers who have also made the ultimate sacrifice. This memorial will now serve as a single location where every man, woman and child can have the opportunity to pay their respects."

We want to invite you to come visit this awesome memorial at 240 Fair Street, Kingston, NY.





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Call for details and to sign up!

FREE ALL-DAY EVENT

ULSTER COUNTY Elder Abuse Prevention Conference

Educational sessions for Professionals

Financial Abuse/Forensic Accounting Screening Tools/ psychotropic drugs

Informational Sessions for the Community
Identity Theft /Scams / Tenant-Landlord Rights
Power of Attorneys

Tuesday, June 9th, 2015

BRC, 1 Development Court, Kingston, NY

RSVP, Space is limited 845-340-3456

This Free Event starts at 9 a.m. sharp and Includes Lunch with Registration



Michael P. Hein, Ulster County Executive

Ulster County Office for the Aging

is pleased to present

the most up-to-date information for professionals, care givers and people getting ready to go on Medicare:

Medicare Part A and Part B, Medigap/Medicare Supplement insurance, Medicare Advantage/Medicare Health Plans and Medicare Part D drug coverage

Bring your lunch and get answers to your questions!

Medicare Orientation

Bring a Brown Bag Lunch & Learn

This FREE informational session will help you understand Medicare options!

Wednesday, June 17th, 2015 Noon

Business Resource Center, Room 117

One Development Court, Kingston, NY (Next to Ulster County Office for the Aging)

Please Call Ulster County Office for the Aging to reserve your spot. Space is limited! RSVP: 845-340-3456



Michael P. Hein, Ulster County Executive

SENIOR PROM

For Seniors 60 Years and Older!

Monday, June 22, 2015 Noon - 2 p.m.

Rosendale Recreation Center Route 32, Rosendale, NY

Dinner!

Dancing!

Dress up!

Ulster County Office for the Aging looks forward to partying with you!

RSVP a Must! 845-340-3456











ULSTER COUNTY OFFICE FOR THE AGING

CONGRATULATES

THE 2015 SENIORS OF THEYEAR



JOHN BEILMAN

John Beilman has dedicated his life to the Ellenville community which is much richer because of his sense of humor, hard work and generosity. Touching people's lives through his passion for caring, inspiring others with acts of kindness and giving back to his community through daily actions are his greatest rewards. Because of everything John has done as a volunteer, he can be considered a true "Renaissance Man."



CAROLYN SHORT

Carolyn Mary Short has been volunteering most of her life and demonstrates the power of making a difference through civic engagement. She balances her time between the young and senior citizens alike. Carolyn gives back to the community by helping needy families and shut-in seniors, and by creating inter-generational programs and reading and craft programs for children.

"This country will not be a good place for any of us to live in unless we make it a good place for all of us to live in." ~ Theodore Roosevelt





Come join us for a

541 BBQ & Open House

celebrating

THE 25TH ANNIVERSARY OF THE

ADA

(Americans with Disabilities Act)

When:

Friday, June 26, 2015

11:30-2:30 pm

Where:

727 Ulster Avenue

Kingston, NY

RSVP: 331-0541 Ext. 32



Ulster County Office for the Aging

Greetings from the Director of the Ulster County Office for the Aging Kelly McMullen

1003 Development Ct Kingston, NY 12401

Phone: 845-340-3456 **Fax**: 845-340-3583





Hello from The Ulster County Office for the Aging-

I say it all the time-- the best part of my job is meeting the seniors I serve!

I have had a great new opportunity to meet seniors as I learn the ropes of the RSVP volunteer program. As many of you know the Office for the Aging will be stepping in as the Community College lets go of RSVP (a program that links each individual volunteer to interesting and appropriate volunteer opportunities). County Executive Mike Hein knows the importance of this program and how vitally important volunteers are to our community. Research also shows how volunteering helps keep seniors energetic and healthy as they age.

First-- I want you to know I hold this program near and dear to my heart and I am delighted to be overseeing it through this time of transition and beyond. Second-- I am reaching out to YOU—all the active seniors who might like to share your wisdom and talents with others. This can include driving people who need a ride to the doctor, helping at one of the 39 agencies we are affiliated with, or helping us at the Office for Aging-- we have several new programs that include telephone outreach to homebound seniors, Social Security Ambassadors and Health insurance counseling.

Every Senior I have met who volunteers says they get much more out of the experience than they ever imagined. The theme for 2015 New York State Office for the Aging is "Get in the Act". I personally invite you to be part of our amazing team of volunteers. You know where to reach us—845-340-3456.

Warmly,

Kelly

The Senior Survey is an opportunity for seniors of Ulster County to be heard—we want to know what services you feel that you need or want now or in the future. Let us know what you like and how we can improve. You can do the survey on-line or call the OFA and we will send you one.

The 2015 Senior Survey is available on line:

https://www.surveymonkey.com/r/KSLMYXY

A REMINDER for You or Someone you may Know

Medicare Savings Plan(MSP) helps millions of low income people on Medicare save money each year. MSP can pay some or all of your Medicare premiums. You may also be eligible for MSP to pick up the deductibles and coinsurance costs. The savings are based on **Income** only so if you're single and have a gross income of \$1,333 or married with \$1,790 or less you could qualify. Make an appointment with our trained insurance counselors and to see if you are eligible for this program. For information contact (845) 340-3456.